



International Level 3

Sport - [NEW SPECIFICATION](#) for August 2021

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Offered at:

- 1) Extended Diploma
- 2) Diploma
- 3) Subsidiary Diploma

BTEC International Level 3 - Sport

Course outline

The course involves theory and practical elements. The practical specification aims to provide candidates with the knowledge and understanding to improve their own and others' performance. This can be through participating and/or competing in sport, organising sports events and evaluating and analysing sport performances.

The course will be delivered on site at KGV, although some units require off-site visits as part of learning and assessment. Lessons are taught by Specialist PE teachers. We will also be bringing in specialists to support some of the units and students will regularly find themselves working with Sport Science practitioners who assist their learning and development.

During the two year course, students will study the following mandatory units with additional optional units to make up their total guided learning hours (GLH).

Structures of the Pearson BTEC International Level 3 Qualifications in Sport at a glance

This table shows all the units and the qualifications to which they contribute. The full structure for this Pearson BTEC International Level 3 in Sport is shown in *Section 2 Structure*. You must refer to the full structure to select units and plan your programme.

Key

 Pearson Set Assignment M Mandatory units O Optional units

Unit (number and title)	Unit size (GLH)	Certificate (180 GLH)	Subsidiary Diploma (360 GLH)	Foundation Diploma (540 GLH)	Diploma (720 GLH)	Extended Diploma (1080 GLH)
1 Careers in the Sport and Active Leisure Industry	90			M	M	M
2 Health, Wellbeing and Sport	90	M	M	M	M	M
7 Research Project in Sport	120				O	M
8 Sports Development	60				M	M
9 Self-employment in Sport and Physical Activity	60				O	O
10 Sports Psychology	60		O	O	O	O
11 Nutrition for Physical Performance	60		O	O	O	M
12 Applied Sports Anatomy and Physiology	90	M	M	M	M	M
15 Sports Injuries Management	60				O	O
16 Functional Sports Massage	60				O	O
17 Fitness Testing	60			O	O	O
19 Technical and Tactical Skills in Sport	60				O	O
20 Practical Sports Performance	90			M	M	M
21 Influence of Technology in Sport and Physical Activity	60				O	O
22 Organising Events in Sport and Physical Activities	60		O	O	O	O

continued overleaf

Unit (number and title)	Unit size (GLH)	Certificate (180 GLH)	Subsidiary Diploma (360 GLH)	Foundation Diploma (540 GLH)	Diploma (720 GLH)	Extended Diploma (1080 GLH)
23 Ethical and Current Issues in Sport	60				0	0
24 Marketing Communications	60		0	0	0	0
25 Sport and Leisure Facility Operations	60				0	0
26 Sports Tourism	60				0	0
28 Business in Sport	60		0	0	0	0

1) Extended Diploma in Sports (1080 GLH)

This qualification is designed as a full-time course to support learners who want to study the sports sector as the main focus of a two-year, full-time study programme. The qualification would support progression to higher education in its own right

Equivalent in size to three International A Levels. At least 15 units, of which seven are Mandatory and three are assessed by Pearson Set Assignment. Mandatory content (55.5%).

2) Diploma in Sports (720 GLH)

This qualification is designed to support learners who want to study sports as the main element alongside another area of complementary or contrasting study as part of a two-year, full-time study programme. The qualification would support progression to higher education if taken as part of a programme of study that included other BTEC International Level 3 qualifications or International A Levels.

Equivalent in size to two International A Levels. At least ten units, of which five are mandatory and two are assessed by Pearson Set Assignment. Mandatory content (58%).

3) Subsidiary Diploma in Sports (360 GLH)

This qualification is designed to support learners who are interested in learning about the sports industry alongside other fields of study, with a view to progressing to a wide range of higher education courses, not necessarily in sport-related subjects. The qualification is designed to be taken as part of a programme of study that includes other appropriate BTEC International Level 3 qualifications or International A Levels.

Equivalent in size to one International A Level. At least five units of which two are mandatory and one is assessed by Pearson Set Assignment. Mandatory content (50%).

Assessment

Continuous assessment throughout the course, with students either gaining a Pass, Merit, or Distinction at the end of the course.

BTEC International Level 3 qualifications are assessed using a combination of internal assessments, which are set and marked by teachers, and Pearson Set Assignments, which are set by Pearson and marked by teachers.

- Mandatory units have a combination of internal and Pearson Set Assignments.
- All optional units are internally assessed.

The BTEC Level 3 Sport course uses a variety of assessment styles and is evidence based. Students build up a portfolio that demonstrates learning. This can range from written, practical, video, presentations, performance observations and takes on a vocational approach where possible.

Entry requirements

Students should be aiming to achieve a good grade in English to be considered for the course, as most of the assessment evidence will be written. Previous experience in GCSE PE is not necessary, although students who have a knowledge and interest in sport would find these invaluable.

It is important for the learner to display a passion for sport, enthusiasm for learning and it is beneficial to have good time-management skills.

Career opportunities

Students who undertake this course should have an interest in a career within the sports industry. The qualification will give you insight into the various different occupational routes you can take within the sports industry. Students have progressed to degrees in areas such as Sports Science, Physical Education Teacher Training and Sports Rehabilitation. It is also good preparation for anyone who wants to move straight into the Sports, Leisure or Health & Fitness industries.

In the BTEC International Level 3 units, there are opportunities during the teaching and learning phase to give learners practice in developing employability skills. Where we refer to employability skills in this specification, we are generally referring to skills in the following three main categories:

- Cognitive and problem-solving skills – using critical thinking, approaching non-routine problems, applying expert and creative solutions, using systems and technology
- Interpersonal skills – communicating, working collaboratively, negotiating and influencing, self-presentation
- Intrapersonal skills – self-management, adaptability and resilience, self-monitoring and development

University destinations

The BTEC Extended Diploma is internationally recognized as an entry qualification for university. Ninety-five per cent of universities and colleges in the UK accept BTEC students, including competitive universities from the Russell Group.

Nearly all universities accept BTEC in relevant subject areas, equivalent to A-level qualifications.